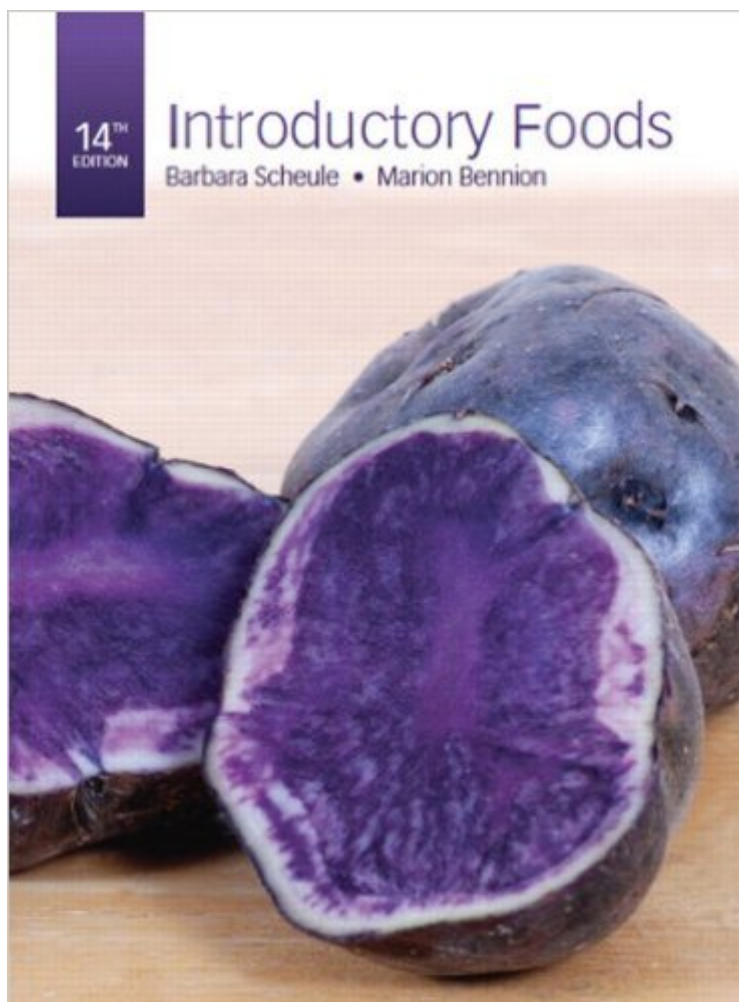


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Introductory Foods (14th Edition)



Synopsis

A market-leading introduction to all things food. **Introductory Foods, 14e**, is a market-leading introduction to the fundamental principles of food preparation and the many innovations and emerging trends in food science and technology. The text explores the *how*s and *why*s of food preparation and integrates food preparation, science, technology, safety, government regulation, and consumption trends while imparting an appreciation for the role food plays in human life, culture, and health. Chapters follow a scientific approach to examine ingredients and techniques used in food preparation. **Introductory Foods** is ideal for introductory courses in food preparation for students studying nutrition and dietetics, hospitality management, family and consumer science education, and culinary arts. **Teaching and Learning Experience** This text will provide a better teaching and learning experience for you and your students. It provides:

- A practical perspective: Chapters help students connect text material to the real world.
- Broad coverage for well-rounded understanding: Comprehensive coverage gives students the whole picture.
- Emphasis on current issues: Extensively updated content keeps students abreast of current issues and trends in the field.
- Student- and instructor-friendly resources. Numerous features facilitate both learning and teaching.

Book Information

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (9 customer reviews)

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Customer Reviews

Very informative. I had to buy this for a class but I will say, it was one of the few textbooks I actually enjoyed reading. That may be because I have a passion for food and cooking. But either way I thought for a textbook it was very fun to read. Warning: some of the longer chapters really seem to

drag on.

Book arrived as described. Highly recommend.

Great rental price.

good explanations

great information

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